

# Youth search for life

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Continued from front page.....

Come and meet together with other young people to explore answers to these questions and more.

We'll look at:

dealing with peer pressure,  
staying healthy in the game of life,  
handling negative thinking and actions,  
finding spiritual keys to healthy self esteem – how to know that you really are OK  
and more.....  
bring your questions, your concerns.

From the leaders of 2006:

*“Our job is to create a place where you can safely talk about what you need to talk about. These will be times when people are 'built up' and NOT 'pulled down'.”*

Richard Wilson  
Lyn Hawke

# What is it about?

## session 1

Getting in the Game

## session 2

Who am I?

## session 3

Why do I do what I do?

## session 4

Addictions and Compulsions

## session 5

Identifying Lies and Misbeliefs

## session 6

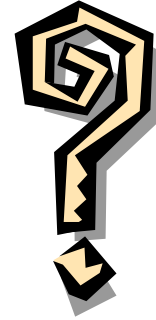
The Answer to Shame

## session 7

The Blame Game

## session 8

The Performance Trap



## Youth search for life

### statement of interest

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Home \_\_\_\_\_

Mobile \_\_\_\_\_

Both you and your parent/caregiver will need to sign the actual application when it is available.

#### ***You will need to be:***

*willing to be part of a group that will really seek to help each other. To respect what others share in the group and not talk about it outside the group.*

*And be willing to have a go at working on the issues and questions that concern me.*

Send this statement of interest to:

Youth Search for Life  
Suzanne Soehman  
19 Hawke Cres  
Salisbury East 5109

You may also be able to hand it to the person who gave it to you.

Contact Coordinator at  
coordinator@playfordrecoveryministries.org.au

## Who is it for?

Young people 12 – 16 years

## What do we do?

Watch a video

Talk about it – separate groups for boys and girls

General get together, drinks, nibbles.

## When

Times will be announced .....

## Apply by...

- at least one week before it starts.

## Place

Cornerstone House

8 Birdsmore Rd

Davoren Park

\* Drive in to Cornerstone church, go around the back – you can park by the house and use the side gate.

## You Need

\$3 per night

You get to keep your log book of the journey.

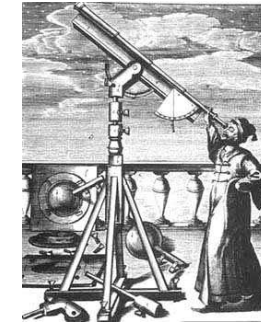
## Questions

Talk to the youth person in your group

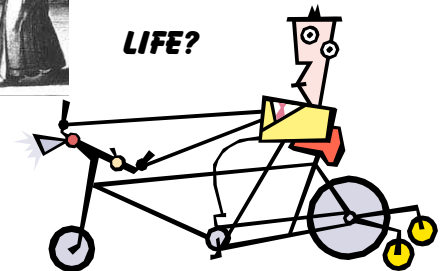
# YOUTH SEARCH FOR LIFE



**LIFE?**



**LIFE?**



**"Who am I?"**

**What is life about?**

**Why do I feel the way I feel?**

**What can I do about it?**

**What do I have to do to be loved, accepted and valued?" .....PTO**

This course is being run by Playford Recovery Ministries, a joint effort between Cornerstone Uniting Church, Elizabeth Church of Christ, Northern Communities of Hope and Mark Boyce as Chaplain to mental health services in this area. Leaders from each of these bodies form the management board.

One Tree Hill Uniting Church is also involved.

### More information at:

[www.playfordrecoveryministries.org.au](http://www.playfordrecoveryministries.org.au)

The course itself comes from Careforce church, Mt Evelyn Victoria.

For more:

[www.careforcelifekeys.org](http://www.careforcelifekeys.org)

**YOU CAN USE THIS  
FORM TO INDICATE  
YOUR INTEREST IN  
BEING PART OF A  
"YOUTH SEARCH  
FOR LIFE" GROUP**