

Search for Life

Topics covered

Relationships with God and with others are important. Healthy relationships give us a sense of who we are, allow us to be ourselves and give us a sense of identity.

As human beings we often struggle to have healthy relationships. We can struggle with shame & guilt, being open and honest, worrying about meeting expectations, managing conflict, and the list goes on.

This program helps identify the issues we struggle with and gives insights into how to overcome these issues in a safe and caring environment, so that we can better manage those issues that hinder our ability to have healthy relationships.

This 10 week course for **men or women** offers you the chance to build better self esteem, find hope in your life and explore spirituality.

There is insightful teaching relevant to today's experiences. The groups are run by facilitators in a supportive atmosphere with confidentiality assured.

This program was written and produced by
Careforce Lifekeys
Careforce Church—Mt Evelyn
PO Box 411, Mt Evelyn, Vic 3795
Ph: 02 9736 2273

Session 1—Life in Conflict

"Amidst the confusion of my life I discovered I am a person of worth"

Session 2—Knowing Yourself by Creation

"This session helped me to understand that I am acceptable to God"

Session 3—Knowing Yourself by the Fall

"Now I know why I have always struggled to accept compliments or encouragement and found it hard to give them."

Session 4—Set up for Addiction

"I always thought addiction was to drugs booze or cigarettes. Now I see it is as cycle of behaviour that can I can change."

Session 5—Trying Hard to Measure Up

"Making a mistake is no longer in the way of me trying something new—it is OK to ask for help."

Session 6—The Need to be Liked

"Now I realise why I find it hard to say No—but I'm starting to change that!"

Session 7—Healing and Spiritual Warfare

"I realise how important knowing the truth really is to my health and outlook on life."

Session 8—Feeling Hopeless

"Overcoming my shame has been life changing. I no longer want fear to drag me down."

Session 9—Blaming and Punishing

"This was amazing! Forgiveness is powerful."

Session 10—The Power to do What's Right

"This is course has helped me to make healthy decision for my life, but also to help my kid's make changes too"

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Application

Commencing Wednesday 23 July 2008
7.00-9.00pm Parafield Gardens Uniting Church, 3 Shepherson Rd.

Name: _____

Address: _____

Phone Daytime _____

Evening _____

Age group __18-30 __31-40 __41-54 __55+

Please recognise that, if accepted, you commit yourself to attending the total program at the agreed cost.

Your acceptance into the program is subject to confirmation.

I am aware that the program consists of a 10 week course, and that I will be required to sign the Group Agreement* that will be explained in full at the first session.

Signed

Send your form to:
Search for Life
Irene Vansetten
3 Shepherson Rd
Parafield Gardens 5107
or ring **8285 7104**

*The Group Agreement contains guidelines that everyone agrees to follow in order to make the group a safe place. Copies of it are available for you to consider before committing yourself to the group.

**Please return the
registration form overleaf
to:**

Parafield Gardens Uniting Church
3 Shepherson Rd
Parafield Gardens 5107

Dates:

Wednesday
July 23 to September 24 2008

Time:

7.00pm to 9.00pm

Venue:

**Parafield Gardens Uniting Church
3 Shepherson Rd Cnr Salisbury Hwy
Parafield Gardens**

Cost:

\$30 per person—can be paid
weekly please discuss this if needed
when you enquire.

For more details

Contact:

**Or Parafield Gardens Uniting Church
Office 8285 7104**

Playford Life Ministries

is a joint initiative of Cornerstone
Uniting Church, Elizabeth Church of
Christ, Northern Communities of Hope
and Mark Boyce as Chaplain to the
Mental Health services in this area.

Playford Life Ministries

Using Careforce Lifekeys
Programs

Search for Life



**A program designed to help,
encourage and support
people who want to enrich
their lives.**